DEFINITION OF POWER

Power is the quotient of work and time interval.

$$P = \frac{W}{\Delta t}$$
 or $P = \frac{E}{\Delta t}$

Quantity	Symbol	SI unit
power	P	W (watt)
energy transferred	E	J (joule)
work done	W	J (joule)
time interval	Δt	s (seconds)

Note: A watt is equivalent to a joule per second: $W = \frac{J}{s}$

1 hp=amount of work done by horses to raise 550lbs 1 foot in 1 second approx. 746Watts

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DEFINITION OF EFFICIENCY

Efficiency is the ratio of useful energy or work output to the total energy or work input.

Efficiency =
$$\frac{E_{\rm o}}{E_{\rm i}} \times 100\%$$

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$$\text{Efficiency} = \frac{W_{\text{o}}}{W_{\text{i}}} \times 100\%$$

Quantity	Symbol	SI unit
useful output energy	E_{\circ}	J (joule)
input energy	$E_{\mathbf{i}}$	J (joule)
useful output work	W_{\circ}	J (joule)
input work	W_{i}	J (joule)
efficiency	(none)	none; efficiency
		is a ratio; units
		cancel in ratios