


WHY SUPPORT THE CAFETERIA?

- ✓ **BOTH NSEE/NSER CAFETERIAS ARE OPERATED BY A NON-PROFIT ORGANIZATION. THE BOARD OF VOLUNTEERS IS COMPRISED OF COMMUNITY MEMBERS WHO CARE ABOUT OUR SCHOOLS AND CHILDREN** 
- ✓ **COMMUNITY MEMBERS ARE EMPLOYED AT BOTH LOCATIONS**
- ✓ **THE COST OF MEALS IS KEPT TO A MINIMUM WHILE STILL PROVIDING SCHOOLS WITH PROCEEDS**
- ✓ **ALL MONEY IS REINVESTED BACK TO THE SCHOOLS!** These funds went towards the purchase of new cafeteria tables and blinds as well as student activities at NSEE! At NSER these funds went towards the purchase of a laser printer and consumables for our Maker Space.
- ✓ **MEALS ARE HOMEMADE AND DELICIOUS**
- ✓ **FEEDBACK IS ALWAYS WELCOME. WE AIM TO PLEASE!** We can be reached at accounts@nsefs.com

NSER Cafeteria Menu 2021-2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One Drink not Included	Popcorn Chicken & Fries \$6.00 OR Chicken Salad Roll & Fries \$7.00	Spaghetti, Salad & Garlic Bread \$6.00 OR Rice Bowl \$7.00	Beef Nacho's with Salsa \$6.00 OR BBQ Chicken, Potatoes & Veggie \$7.00	Hamburger Soup, Roll & Cookie \$6.00 OR Combo Plate \$7.00	Hamburger Pizza Slice & Garlic Fingers \$6.00 OR Chicken Caesar Salad *Substitute Garlic Bread for Chicken \$7.00
Week Two Drink not Included	Pancakes & Sausage \$6.00 OR Chicken Salad Roll & Fries \$7.00	Shepard's Pie, Salad & Biscuit \$6.00 OR Lasagna, Salad, Garlic Bread \$7.00	Chicken/Egg Sandwich & Garden Salad \$6.00 OR Potato Bowl \$7.00	Chicken Tenders & Fries \$6.00 OR Salad Plate \$7.00	Ham Sub or Turkey Bacon Club with Chips \$6.00 OR Chicken Caesar Salad *Substitute Garlic Bread for Chicken \$7.00
Grab n' Go \$4.50 Drink not Included	Chicken Ranch Wrap \$4.50	Beef Quesadilla \$4.50	Pizza Bagel \$4.50	Chicken Quesadilla \$4.50	Chicken Ranch Wrap \$4.50

Extra Choices

Water	\$1.00	Hamburger	\$4.00	Chicken Burger	\$4.50
White & Chocolate Milk	\$0.75	Garden Salad	\$4.50	Tuna Sandwich	\$4.50
Grilled Cheese	\$3.50	Chef Salad	\$5.50	Veggies & Ranch	\$1.50
Egg Salad Sandwich	\$3.50	Egg & Cheese on English Muffin	\$3.50	Assorted Whole Fruit	\$1.50
Cheese Burger	\$4.50	Chicken Salad Sandwich	\$4.50	Pizza Slice or G Finger	\$4.50

NSI
Food Services Inc.

Revised September 2021

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NSER Snack List

Cookies	\$1.00		Muffins	\$1.00
Chips	\$1.50		Whole Fruits	\$1.00
Banana Bread	\$1.00		Cheese String	\$1.00
Veggies Alone	\$1.00		Ranch	\$0.50
Nacho Chips	\$1.50		Salsa	\$0.50
Cinnamon Bun	\$1.00		Brownie	\$1.00
Rice Crispie	\$1.00		Milk	\$0.75
Water	\$1.00			

MONDAY

Cookie, Cinnamon Bun, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

TUESDAY

Cookie, Muffin, Chips, Assorted Whole Fruit, Cheese String, Veggies with Ranch, Naco Chips, Salsa, Milk and Water

WEDNESDAY

Cookie, Banana Bread, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

THURSDAY

Cookie, Brownie, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

FRIDAY

Cookie, Rice Crispie, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

NSER Weekly Schedule

DATE	WEEK
Sept 6-10	Week 1
Sept 13-17	Week 2
Sept 20-24	Week 1
Sept 27-Oct 1	Week 2
Oct 4-Oct 8	Week 1
Oct 11-Oct 15	Week 2
Oct 18-Oct 22	Week 1
Oct 25-Oct 29	Week 2
Nov 1-5	Week 1
Nov 8-12	Week 2
Nov 15-19	Week 1
Nov 22-26	Week 2
Nov 29-Dec 3	Week 1
Dec 6-10	Week 2
Dec 13-17	Week 1
Dec 20-24	Week 2
Jan 10-14	Week 1
Jan 17-21	Week 2
Jan 24-28	Week 1
Jan 31-Feb 4	Week 2