

March 2012

NSER NEWS

Report Cards Home March 20
Parent Teacher March 22 4pm-6pm
March 23 9am-11:30am

It's In You to Give!

North and South Esk Regional High School has arranged for a Blood Donor Clinic to be held in the school gymnasium on Friday, March 16th. Clinic hours are from 10:00am-12 noon and again from 1:00pm-3:30pm. Appointments can be booked ahead of time by calling the school at 836-7000. To donate, you must be at least 17 years of age, in general good health, and feeling well on the day of your donation. If you have never donated before and have had your 61st birthday, or if you are between the ages of 67 and 71, and have not donated within the last two years, you must be assessed by a physician who must fill out and sign the following letter. You must also meet the other standard requirements for donation.

Canadian Blood Services collects whole blood. Whole blood is comprised of red blood cells, white blood cells, platelets and plasma. Some donations are held and transfused as whole blood, others are processed to separate red blood cells and plasma.

Canadian Blood Services is responsible for recruiting blood and bone marrow donors, as well as collecting blood, plasma, and platelets at 41 permanent collection sites and more than 19,000 donor clinics annually. Approximately every minute of every day, someone in Canada needs blood. In fact, according to a recent poll, 52 per cent of Canadians say they, or a family member, have needed blood or blood products for surgery or for medical treatment. The good news is that one donation, which takes only an hour, can help save lives.

Source: Canadian Blood Services

How much blood does it take to save a life?

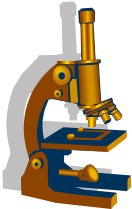
Hip replacement surgery	🩸🩸(2 units)
Aplastic Anemia	🩸🩸🩸🩸(4 units a month)
Cancer treatment	🩸🩸🩸🩸(5 units)
Cardiovascular surgery	🩸🩸🩸🩸(5 units)
Internal bleeding	🩸🩸🩸🩸🩸(2 to 8 units)
Leukemia	🩸🩸🩸🩸🩸🩸(8 units a week)
Auto accident	🩸🩸🩸🩸🩸🩸x5 (50 units)

(units represent an average)



High School Girls Hockey Action
Girls are into their League Playoffs, Good Luck Girls!!
Saturday, March 3rd at Sunny Corner Arena, NSER vs MVHS 8:30
Sunday, March 11th Home game at 12:20

NSER is hosting the
“**District Science Fair**”
on March 29 in NSER Gym.
The public is invited!



February 2012
Student of the Month
Shane Matchett

Chocolate Bar Campaign--
all bars and money must be
returned
Monday, March 12th.





NSER Middle School Science Fair
will be on March 21 from 9 to 11 am in the Gym.

Please note: NSER Middle School should have Experiment part of the project finished by the time they return from March Break! Materials needed to decorate the 3 way board should be with the students on their return to school on March 12th.

WE School Members will be travelling to Montreal on Feb 29 to March 2 to attend the National WE Day Conference. More information about the trip will follow upon our return. Here is wishing the students and teacher a safe trip!



Winter Carnival Pageant Royalty



Miss NSER—Mallory Kenny
Mr NSER—Dayne Kenny
1st Princess—Keaton Somers
2nd Princess—Laura Matchett
Miss Congenialty—Sharon Macrae
Miss Talent—Amanda Campbell

MISSTER NSER
Misster NSER—Kendal Keating
1st Princess—Hayden Silliker
2nd Princess—Dylan Hare
Misster Congenialtiy—Byron Goodin

SPORTS

Badminton—Coaches: Mr. Wilson, Mr. Silliker and Mr. Mutch
Sr. Boys Volleyball—Sara Diamond and Jason Young
Jr. Boys Volleyball—Mr. Ryder
Sr. Girls Volleyball—Mr. Matheson and Loretta Gorbett
Jr. Girls Volleyball—Jeff Mather and Lisa Vanderbeck

IMPORTANT DATES TO REMEMBER

March 1	Winter Carnival Dance
March 5-9	March Break
March 20	Report Cards
March 22	Parent Teacher 4:00 pm to 6:00 pm
March 23	Parent Teacher (9 to 11:30am) PD Session after noon — NO School
April 6	Good Friday
April 9	Easter Monday
April 20	CI Day
May 3	NBTA Meetings, No School
May 4	Subject Council Day, No School
May 21	Victoria Day, No School
June 11-14	EXAMS
June 15	Prom
June 17	NSER Baccalaureate
June 21	NSER Graduation

NSER Winter Carnival Week

NSER’s Winter Carnival was a huge success this year, with many students participating in various activities and dress up days. We Started off the week with the Winter Carnival Pageant and on Wednesday evening Misster NSER pageant and variety show. Congratulations to all participants for a job well done. A big thank you to all who helped out in any way and to all the participants for making this year’s Winter Carnival a huge success.