

NSE Cafeteria Menu 2018-2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One \$5.00 Drink not Included	Cheese Burger or Hamburger Potato Wedges or Side Salad	Potato Bowl with Chicken, Corn, Gravy	Spaghetti Healthy Side	Meatballs & Rice & Veggies	Ham & Cheese Sub Healthy Side
Week Two \$5.00 Drink not Included	Chicken Caesar Salad Garlic Fingers	Shepherd's Pie Garden Salad	Pancakes & Sausages With Fruit	Picnic Plate Ham, Cheese, Crackers, Fruit, Veggies & Dip	Ham & Cheese Sub Healthy Side
Week Three \$5.00 Drink not Included	Cheese Burger or Hamburger Potato Wedges or Side Salad	Lasagna Healthy Side	BBQ Chicken Mashed Potatoes & Veggies	Taco Salad or Taco Pizza Healthy Side	Ham & Cheese Sub Healthy Side
Wrap of the Day \$4.00 Drink not Included	Chicken Caesar Wrap Healthy Side	Chicken Ranch Wrap Healthy Side	Sweet Chili Chicken Wrap Healthy Side	Quesadillas Wrap Healthy Side	Chicken Ranch Wrap Healthy Side

Revised January 8, 2019

Extra Choices



Water	\$1.00	Garden Salad	\$4.00	Tuna Sandwich	\$3.00
White & Chocolate Milk	\$.50	Chef Salad	\$5.00	Assorted Cut Fruit	\$1.00
Grilled Cheese	\$3.00	Egg & Cheese on English Muffin	\$3.00	Assorted Whole Fruit	\$1.00
Egg Salad Sandwich	\$3.00	Chicken Salad Sandwich	\$3.00	Grapes & Cheese	\$2.00
		Tuna Melt	\$3.00	Veggies & Ranch	\$1.00

**HEALTHY SIDES – For the meals with a Healthy Side – you may select one of the following:
Caesar Salad, Fruit Cup or Veggie Cup**

Cafeteria Weekly Schedule 2019

DATE	WEEK
January 7-11	Week 1
January 14-18	Week 2
January 21-25	Week 3
January 28-February 1	Week 1
February 4-8	Week 2
February 11-15	Week 3
February 18-22	Week 1
Febraury 24-March 1	Week 2
March 13-16	Week 3
March 19-23	Week 1
March 26-30	Week 2
April 1-5	Week 3
April 8-12	Week 1
April 15-19	Week 2
April 22-26	Week 3
April 29-May 3	Week 1
May 6-10	Week 2
May 13-17	Week 3
May 20-24	Week 1
May 27-31	Week 2
June 3-7	Week 3
June 10-14	Week 1
June 17-21	Week 2

