

NSE Cafeteria Menu 2022-2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One Drink not Included	Popcorn Chicken & Fries \$6.50	Spaghetti , Salad & Garlic Bread \$6.50	BBQ Chicken, Potatoes & Veggie \$6.50	Shepard's Pie & Biscuit \$6.50	Pizza Slice & Garlic Fingers \$6.50
Week Two Drink not Included	Tender's and Fries \$6.50	Lasagna, Salad, Garlic Bread \$6.50	Potato Bowl \$6.50	Pancakes with Bacon \$6.50	Ham Sub or Turkey Bacon Club with Chips \$6.50
Grab n' Go \$4.50 Drink not Included	Chicken Ranch Wrap \$4.50	Beef Quesadilla \$4.50	Garlic Fingers \$4.50	Chicken Quesadilla \$4.50	Chicken Ranch Wrap \$4.50

Extra Choices

Water	\$1.00	Hamburger	\$4.00	Chicken Burger	\$4.50
White & Chocolate Milk	\$0.75	Garden Salad	\$4.50	Tuna Sandwich	\$4.50
Grilled Cheese	\$3.50	Chef Salad	\$7.00	Veggies & Ranch	\$1.50
Egg Salad Sandwich	\$3.50	Egg & Cheese on English Muffin	\$3.50	Assorted Whole Fruit	\$1.50
Cheese Burger	\$4.50	Chicken Salad Sandwich	\$4.50	Pizza Slice or G Finger	\$4.00

NSER Snack List

Cookies	\$1.00		Muffins	\$1.00
Chips	\$1.50		Whole Fruits	\$1.00
Banana Bread	\$1.00		Cheese String	\$1.00
Veggies Alone	\$1.00		Ranch	\$0.50
Nacho Chips	\$1.50		Salsa	\$0.50
Cinnamon Bun	\$1.00		Brownie	\$1.00
Rice Crispie	\$1.00		Milk	\$0.75
Water	\$1.00			

MONDAY

Cookie, Cinnamon Bun, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

TUESDAY

Cookie, Muffin, Chips, Assorted Whole Fruit, Cheese String, Veggies with Ranch, Naco Chips, Salsa, Milk and Water

WEDNESDAY

Cookie, Banana Bread, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

THURSDAY

Cookie, Brownie, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

FRIDAY

Cookie, Rice Crispie, Chips, Assorted Whole Fruits, Cheese String, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

NSER Weekly Schedule

Date	Week
September 12-16	Week 1
September 19-23	Week 2
September 26-30	Week 1
October 3-7	Week 2
October 10-14	Week 1
October 17-21	Week 2
October 24-28	Week 1
October 31-November 4	Week 2
November 7-11	Week 1
November 14-18	Week 2
November 21-25	Week 1
November 28-December 2	Week 2
December 5-9	Week 1
December 12-16	Week 2
December 19-23	Week 1

NSE
Food Services Inc.