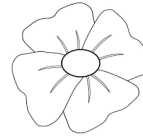




North & South Esk Regional



November 2018

NSER Mission Statement

It is the mission of NSER to support and challenge students to meet and exceed their potential.

NSER Vision

NSER's number one priority is the intellectual development of its students while giving priority to social, emotional and physical development.

Remembrance Day Ceremony



**LEST
WE
FORGET**

NSER will hold its annual Remembrance Day Ceremony on Thursday, November 8th at 1:00 pm. Students will be given the opportunity to reflect upon the wars, honour our veterans, and participate in the ceremony. This event is open to the public and will take place in the gymnasium. Everyone is welcome.

HELP SUPPORT MIRAMICHI SPCA

In support of Mini We Day NSER Middle School Students will be collecting items for the Miramichi SPCA. We are looking for the following items; Dish Soap, Soft Dog Treats (Pepperoni sticks), Wet Dog Food, Laundry Soap, Kitchen Garbage Bags, Lysol Wipes, Bleach, Cat Toys, Monetary Donations, Kitty Litter, Whiskas Meaty Selections Dry Cat Food, Used collars, Old blankets.

The donation box will be located in the lobby of the NSER from November 1- 26. The hours of drop off will be from 8-3 Monday-Friday.



CONGRATULATIONS

Middle School Girls Soccer Champions with a 4-0 win over EWG! Congrats Girls - Go Cobras!



National Jersey Day

Show your support for School Sport across Canada! "Wear Your Jersey to School & Work".

NBIAA and School Sport Canada are supporting Thursday, November 15th as a national day to show your love and support for sport by wearing a sports jersey to school, work or play. From municipal council chambers to office buildings and classrooms across the nation, we envision a sea of Canadians wearing their hearts on their sleeves on national Jersey Day. Join the high school sport associations across Canada to show your support for sport and to spread the word in your school!



Wellness Survey

The New Brunswick Student Wellness Survey (NBSWS) began in 2006-2007 for grades 6-12 students, and was repeated in 2009-2010, 2012-2013 and 2015-2016. Part of the NB Wellness Strategy, NBSWS is a provincial initiative of the Department of Social Development's Wellness Branch, in co-operation with the Department of Education and Early Childhood Development. Data collection, data analysis and knowledge transfer is led by the New Brunswick Health Council (NBHC). The purpose of the survey is to examine the health and wellness attitudes and behaviours of students. Students will be asked questions about their wellness behaviours such as their eating habits, physical activity, bullying, tobacco use, and how connected they feel to their school. Students in grades 7-12 will also be asked questions on sex, alcohol and drug use.

This year, the survey coincides with the **Canadian Student Tobacco, Alcohol and Drugs Survey (CSTADS)**. CSTADS is a national survey sponsored by Health Canada and administered every two years to students in grades 7 to 12 in participating provinces. To minimize the impact of surveys for students, the CSTADS will be incorporated into the NBSWS. This means that 1 out of every 9 students between grades 7 and 12 will be randomly selected to complete the CSTADS instead of the NBSWS.

By taking the time to complete this survey, students can contribute to their school's improvement plans and student wellness activities. On November 19, our school will be participating in this survey, as we aim to improve the health and wellness of children in our community. If you would like more information on this survey, please call the New Brunswick Health Council at 1-877-225-2521 or visit their website at www.nbhc.ca. For more information on the CSTADS, please visit their website at www.cstads.ca.

Participation by students at the time of survey administration will be voluntary and anonymous. The student's name or identification number will not appear on the completed questionnaire.

All student answers will be grouped together when results are reported, which means that information is never released in a manner that could be used to disclose a student's identity.



**New Brunswick
Health Council**

Engage. Evaluate. Inform. Recommend.

IMPORTANT DATES

November 6	High School Report Cards Go Home
November 8	Remembrance Day Ceremony @ 1:00 pm High School Parent Teacher Interviews 4:00-6:00 pm
November 9	No School for ALL Students High School Parent Teacher Interviews 9:00-11:30 am
November 12	No School - Remembrance Day
November 14	Take Our Kids to Work (Grade 9 only)
November 15	National Jersey Day
November 27	Middle School Report Cards Go Home
November 29	Grade 7 Parent Teacher Interviews 4:00-6:00 pm Grade 8 Parent Teacher Interviews will be scheduled
November 30	No School for ALL Students Grade 7 Parent Teacher Interviews 9:00-11:30 am Grade 8 Parent Teacher Interviews will be Scheduled
December 14	Christmas Formal (Grade 9-12)
December 21	Last Day of Classes - Christmas Break

THANK YOU!

NSER's Rotary Interact Club would like to thank you for your generous donations to our annual Trick or Eat Campaign. These items will certainly help our Community Food Banks!

All of your support is greatly appreciated.

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BE SILLY
BE HONEST
BE KIND
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